

Wednesday 05 November 2025

T Training Hall			W Warm-up Hall*						C Field of Play / Competition Hall					
TRA	TUM	DMT	from	to	TRA MEN Warm-up	TRA WOMEN Warm-up	TUM Warm-up	DMT Warm-up	from	to	TRA MEN	TRA WOMEN	TUM	DMT
Training as scheduled	Training as scheduled	Training as scheduled	17:05	17:50		SYN MIXED - Group 1			QUALIFICATION (Q1)					
			17:50	18:35		SYN MIXED - Group 2			18:00	18:45		SYN MIXED - Group 1		
									18:45	19:30		SYN MIXED - Group 2		
			19:05	19:50		SYN MIXED - Group 3			20:00	20:45		SYN MIXED - Group 3		
			19:50	20:35		SYN MIXED - Group 4			20:45	21:30		SYN MIXED - Group 4		

Thursday 06 November 2025

T Training Hall			W Warm-up Hall*						C Field of Play / Competition Hall					
TRA	TUM	DMT	from	to	TRA MEN Warm-up	TRA WOMEN Warm-up			from	to	TRA MEN	TRA WOMEN		
Open Training 10:00 - 18:00	Open Training 10:00 - 18:00	Open Training 10:00 - 18:00	08:50	09:50	TRA MEN - Group 1	TRA WOMEN - Group 1			QUALIFICATION (Q1)					
			09:50	10:50	TRA MEN - Group 2	TRA WOMEN - Group 2			10:00	11:00	TRA MEN - Group 1	TRA WOMEN - Group 1		
			10:50	11:50	TRA MEN - Group 3	TRA WOMEN - Group 3			11:00	12:00	TRA MEN - Group 2	TRA WOMEN - Group 2		
									12:00	13:00	TRA MEN - Group 3	TRA WOMEN - Group 3		
			12:50	13:50	TRA MEN - Group 4	TRA WOMEN - Group 4								
			13:50	14:50	TRA MEN - Group 5	TRA WOMEN - Group 5			14:00	15:00	TRA MEN - Group 4	TRA WOMEN - Group 4		
			14:50	15:50	TRA MEN - Group 6	TRA WOMEN - Group 6			15:00	16:00	TRA MEN - Group 5	TRA WOMEN - Group 5		
									16:00	17:00	TRA MEN - Group 6	TRA WOMEN - Group 6		
			16:50	17:50	TRA MEN - Group 7	TRA WOMEN - Group 7								
			17:50	18:50	TRA MEN - Group 8	TRA WOMEN - Group 8			18:00	19:00	TRA MEN - Group 7	TRA WOMEN - Group 7		
			18:50	19:50	TRA MEN - Group 9	TRA WOMEN - Group 9			19:00	20:00	TRA MEN - Group 8	TRA WOMEN - Group 8		
									20:00	21:00	TRA MEN - Group 9	TRA WOMEN - Group 9		

TRA	TUM	DMT	from	to			TUM Warm-up	DMT Warm-up	from	to			TUM	DMT
Open Training 10:00 - 18:00	Open Training 10:00 - 18:00	Open Training 10:00 - 18:00	09:05	09:50			TUM WOMEN - Group 1		QUALIFICATION (Q1)					
			09:50	10:35			TUM WOMEN - Group 2		10:00	10:45			TUM WOMEN - Group 1	
			10:35	11:20			TUM WOMEN - Group 3		10:45	11:30			TUM WOMEN - Group 2	
			11:20	12:05			TUM WOMEN - Group 4		11:30	12:15			TUM WOMEN - Group 3	
			12:05	12:50			TUM WOMEN - Group 5		12:15	13:00			TUM WOMEN - Group 4	
									13:00	13:45			TUM WOMEN - Group 5	
			13:10	13:50				DMT MEN - Group 1						
			13:50	14:30				DMT MEN - Group 2	14:00	14:40				DMT MEN - Group 1
			14:30	15:10				DMT MEN - Group 3	14:40	15:20				DMT MEN - Group 2
			15:10	15:50				DMT MEN - Group 4	15:20	16:00				DMT MEN - Group 3
			15:50	16:30				DMT MEN - Group 5	16:00	16:40				DMT MEN - Group 4
									16:40	17:20				DMT MEN - Group 5
			17:10	17:50				DMT WOMEN - Group 1						
			17:50	18:30				DMT WOMEN - Group 2	18:00	18:40				DMT WOMEN - Group 1
			18:30	19:10				DMT WOMEN - Group 3	18:40	19:20				DMT WOMEN - Group 2
			19:10	19:50				DMT WOMEN - Group 4	19:20	20:00				DMT WOMEN - Group 3
									20:00	20:40				DMT WOMEN - Group 4

Friday 7 November 2025

T Training Hall			W Warm-up Hall*						C Field of Play / Competition Hall					
TRA	TUM	DMT	from	to	TRA MEN Warm-up	TRA WOMEN Warm-up	TUM Warm-up	DMT Warm-up	from	to	TRA MEN	TRA WOMEN	TUM	DMT
Open Training for Q2 and Finalists 9:00 - 19:00	Open Training for Q2 and Finalists 9:00 - 19:00	Open Training for Q2 and Finalists 9:00 - 19:00	08:50	09:50	SYN MEN - Group 1	SYN WOMEN - Group 1	TUM MEN - Group 1		QUALIFICATION (Q1)					
			09:50	10:50	SYN MEN - Group 2	SYN WOMEN - Group 2	TUM MEN - Group 2		10:00	11:00	SYN MEN - Group 1	SYN WOMEN - Group 1	TUM MEN - Group 1	
			10:50	11:50	SYN MEN - Group 3	SYN WOMEN - Group 3	TUM MEN - Group 3		11:00	12:00	SYN MEN - Group 2	SYN WOMEN - Group 2	TUM MEN - Group 2	
			11:50	12:50	SYN MEN - Group 4		TUM MEN - Group 4		12:00	13:00	SYN MEN - Group 3	SYN WOMEN - Group 3	TUM MEN - Group 3	
			12:50	13:50			TUM MEN - Group 5		13:00	14:00	SYN MEN - Group 4		TUM MEN - Group 4	
									14:00	15:00			TUM MEN - Group 5	
			15:00	15:50	SYN MEN - Q2 Group 1	SYN WOMEN - Q2 Group 1			QUALIFICATION (Q2)					
			15:50	16:30	SYN MEN - Q2 Group 2	SYN WOMEN - Q2 Group 2			16:00	16:40	SYN MEN - Q2 Group 1	SYN WOMEN - Q2 Group 1		
									16:40	17:20	SYN MEN - Q2 Group 2	SYN WOMEN - Q2 Group 2		
			16:25	17:20			TUM WOMEN - Team Final		FINALS - TEAMS					
			17:35	18:15				DMT MEN - Team Final	17:30	18:25			TUM WOMEN - Team Final	
									18:25	19:05				DMT MEN - Team Final
			18:45	19:15				DMT WOMEN - Team Final	19:05	19:25	Award Ceremonies - TUM WOMEN Team Final & DMT MEN Team Final			
			18:50	19:45			TUM MEN - Team Final		19:25	19:55				DMT WOMEN - Team Final
									19:55	20:50			TUM MEN - Team Final	
									20:50	21:10	Award Ceremonies - DMT WOMEN Team Final & TUM MEN Team Final			
			20:35	21:00		SYN MIXED - Q2 Group 1			QUALIFICATION (Q2)					
			20:50	21:25		SYN MIXED - Q2 Group 2			21:10	21:35		SYN MIXED - Q2 Group 1		
									21:35	22:00		SYN MIXED - Q2 Group 2		

Saturday 8 November 2025

T Training Hall			W Warm-up Hall*						C Field of Play / Competition Hall					
TRA	TUM	DMT	from	to	TRA MEN Warm-up	TRA WOMEN Warm-up	TUM Warm-up	DMT Warm-up	from	to	TRA MEN	TRA WOMEN	TUM	DMT
Open Training for Q2 and Finalists 9:00 - 19:00	Open Training for Q2 and Finalists 9:00 - 19:00	Open Training for Q2 and Finalists 9:00 - 19:00	09:50	10:20			TUM WOMEN - Q2 Group 1	DMT MEN - Q2 Group 1	QUALIFICATION (Q2)					
			10:20	10:50			TUM WOMEN - Q2 Group 2	DMT MEN - Q2 Group 2	10:30	11:00			TUM WOMEN - Q2 Group 1	DMT MEN - Q2 Group 1
			10:50	11:20			TUM MEN - Q2 Group 1	DMT WOMEN - Q2 Group 1	11:00	11:30			TUM WOMEN - Q2 Group 2	DMT MEN - Q2 Group 2
			11:20	11:50			TUM MEN - Q2 Group 2	DMT WOMEN - Q2 Group 2	11:30	12:00			TUM MEN - Q2 Group 1	DMT WOMEN - Q2 Group 1
			11:40	12:20	TRA MEN - Q2 Group 1	TRA WOMEN - Q2 Group 1			12:00	12:30			TUM MEN - Q2 Group 2	DMT WOMEN - Q2 Group 2
			12:20	13:00	TRA MEN - Q2 Group 2	TRA WOMEN - Q2 Group 2			12:30	13:10	TRA MEN - Q2 Group 1	TRA WOMEN - Q2 Group 1		
									13:10	13:50	TRA MEN - Q2 Group 2	TRA WOMEN - Q2 Group 2		
			14:20	14:50				DMT MEN - F1 & F2	FINALS - TUM & DMT INDIVIDUAL, MIXED SYN & TRA TEAMS					
			14:50	15:20			TUM WOMEN - F1 & F2		15:00	15:30				DMT MEN - F1 & F2
			15:20	15:50		SYN MIXED - Final			15:30	16:00			TUM WOMEN - F1 & F2	
									16:00	16:30		SYN MIXED - Final		
			16:20	16:50			TUM MEN - F1 & F2		16:30	17:00	Award Ceremonies - DMT MEN, TUM WOMEN & SYN MIXED Finals			
			16:50	17:20				DMT WOMEN - F1 & F2	17:00	17:30			TUM MEN - F1 & F2	
									17:30	18:00				DMT WOMEN - F1 & F2
			17:00	18:20		TRA WOMEN - Team Final			18:00	18:30	Award Ceremonies - TUM MEN & DMT WOMEN Finals			
			18:20	19:40	TRA MEN - Team Final				18:30	19:50		TRA WOMEN - Team Final		
									19:50	21:10	TRA MEN - Team Final			
									21:10	21:40	Award Ceremonies - TRA Team Finals			



38th FIG TRAMPOLINE GYMNASTICS WORLD CHAMPIONSHIPS

COMPETITION SCHEDULE



REVISED 13/10/2025

Sunday 9 November 2025

T Training Hall			W Warm-up Hall*						C Field of Play / Competition Hall					
TRA	TUM	DMT	from	to	TRA MEN Warm-up	TRA WOMEN Warm-up	TUM Warm-up	DMT Warm-up	from	to	TRA MEN	TRA WOMEN	TUM	DMT
Open Training for Finalists 10:00 - 14:30	Open Training for Finalists 10:00 - 14:30	Open Training for Finalists 10:00 - 14:30	11:20	11:50		SYN WOMEN - Final			FINALS - TRA SYN, TRA IND & ALL-AROUND TEAM					
			11:50	12:20	SYN MEN - Final				12:00	12:30		SYN WOMEN - Final		
			12:35	13:05		IND WOMEN - Final			12:30	13:00	SYN MEN - Final			
			13:05	13:35	IND MEN - Final				13:15	13:45		IND WOMEN - Final		
									13:45	14:15	IND MEN - Final			
			15:00	17:20	Open Warm-up for All-Around Team Finalists				14:15	15:00	Award Ceremonies - TRA SYN & TRA IND Finals			
									16:00	16:30		AAF - TRA SYN WOMEN	AAF - TUM WOMEN	AAF - DMT MEN
									16:30	17:00	AAF - TRA SYN MEN		AAF - TUM MEN	AAF - DMT WOMEN
									17:00	17:30	AAF - TRA IND MEN	AAF - TRA IND WOMEN		
									17:30	17:50	Award Ceremony - All-Around Team Final			

*Access to the Stretching Area is permitted 30 minutes in advance of the time indicated, for a general warm-up period prior to the allocated session using the apparatus

Lausanne. 13 October 2025

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